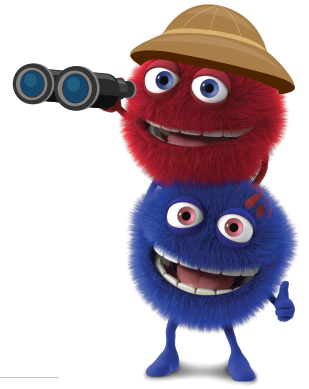


# Food Explorer Journal

Use this template to record  
your experiences with new foods!



Date: \_\_\_\_\_

Food Name: \_\_\_\_\_

Food Colors: \_\_\_\_\_



	1	2	3	4	5
How does the food look?					
How does the food smell?					
How does the food taste?					
How does the food feel in your mouth?					

How did you like the food overall?

What I like most about this food is:

Next time we try this, I will add/remove: